**Year 2 P.E. Curriculum – Summer Term 2**

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| **Theme:** | | | | | | | |
| **Curriculum objectives** | | **Vocabulary** | | | | | **Links across the curriculum** |
| Athletics  To develop the sprinting action. To develop jumping for distance. To develop technique when jumping for height. To develop throwing for distance. To develop throwing for accuracy. To develop technique when taking part in an athletics carousel. | | **Keyword** | Definition |  |  | | Maths – Measurements and time |
| Technique | How something should be done |  |  | |
| accuracy | Goes where you are aiming |  |  | |
| Alternating | One after the other |  |  | |
| Obstacles | Thing to avoid or get over |  |  | |
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| **Prior Learning:**   Year 1  Athletics      To move at different speeds over varying distances. To develop balance. To develop agility and co-ordination. To explore hopping, jumping and leaping for distance. To develop throwing for distance. To develop throwing for accuracy. | | | | **Future Learning:**  Year 3  Athletics  To develop the sprinting technique and improve on your personal best. To develop changeover in relay events. To develop jumping technique in a range of approaches and take off positions. To develop throwing for distance and accuracy. To develop throwing for distance in a pull throw. To develop officiating and performing skills. | | | |
| **Lesson Sequence** | **Key Knowledge** | | | | | **Key Skills** | |
| To develop the sprinting action | Social: To communicate with others discussing technique.  Emotional: To work to my personal best.  Thinking: To understand what good technique looks like and can recognise it when I see it. | | | | | Balance when running by alternating arms and legs.  Run on the balls of your feet.  Take big strides when running fast. | |
| To develop jumping for distance | Social: To make safe decisions when moving around others.  Emotional: To show determination to improve on my previous jumps.  Thinking: To identify areas for improvement in a classmate’s technique. | | | | | Bend your knees to help push off.  Look forward at take off and landing.  Soft bent knees on landing.  Swing your arms up at take off. | |
| To develop jumping for heights | Social: To make safe and responsible decisions when jumping over equipment.  Emotional: To work to my personal best.  Thinking: To explore different take offs and use this to help me jump higher. | | | | | Drive your arms upwards to help you jump higher.  Jump from a balanced starting position.  Look forward at take off and landing.  Use different techniques to tackle different obstacles. | |
| To develop throwing for distance | Social: To support other people in my group.  Emotional: To show determination to improve my throw.  Thinking: To observe others and provide feedback. | | | | | Place your opposite leg to throwing arm forward.  Stand sideways on to the direction of the throw.  Throw from a balanced starting position | |
| To develop throwing for accuracy | Social: To congratulate my partner for working hard and for using a good technique.  Emotional: To show determination to improve on my previous throw.  Thinking: To select and apply an appropriate throw for the activity. | | | | | Keep your eyes looking at your target.  Point your hand at your target after you throw.  Throw from a balanced starting position. | |
| To select and apply knowledge and technique in an athletics carousel | Social: To support my partner to achieve their personal best.  Emotional: To work independently.  Thinking: To select the appropriate skill for the activity. | | | | | Keep soft knees when linking running and jumping movements.  Look forward at take off and landing.  Throw from a balanced starting position.  Try your best at each station and encourage each other to work for the whole time. | |