**Year 4 P.E. Curriculum – Autumn Term 1**

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| **Theme:** | | | | | | | |
| **Curriculum objectives** | | **Vocabulary** | | | | | **Links across the curriculum** |
| **Tag Rugby**  To develop throwing, catching and running with the ball.  To develop an understanding of tagging rules.  To begin to use the ‘forward pass’ and ‘off side’ rule.  To dodge a defender and move into space when running towards the goal.  To develop defending skills and use them in a game situation.  To apply the rules and skills you have learnt and play in a tag rugby tournament | | **Keyword** | Definition |  |  | |  |
| Offside | When you are too far forward and past your teams line (where the tackle was made) |  |  | |
| Forward pass | A pass that goes forward and will be offside |  |  | |
| Tagging rules | The rules for tag rugby and not regular rugby |  |  | |
| Technique | How you should correctly do something |  |  | |
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| **Prior Learning:**    **Ball Skills**  To develop confidence and accuracy when tracking a ball.  To explore and develop a variety of throwing techniques.  To develop catching skills using one and two hands. | | | | **Future Learning:**    **Tag Rugby**  To develop attacking principles, understanding when to run and when to pass.  To be able to use the ‘forward pass’ and 'offside' rules.  To be able to play games using tagging rules.  To develop dodging skills to lose a defender.  To develop drawing defence and understanding when to pass.  To be able to apply the rules and tactics you have learnt to play in a tag rugby tournament. | | | |
| **Lesson Sequence** | **Key Knowledge** | | | | | **Key Skills** | |
| To develop throwing, running and catching with a ball | Social: To be supportive of my teammates when they are attacking.  Emotional: To try my best.  Thinking: To make decisions about when to run and when to pass. | | | | | •Create a ‘W’ shape on the ball with your fingers.  •Hold the long sides of the ball.  •Watch the ball as it is coming towards you. | |
| To develop an understanding of how to defend using tagging rules | Social: To be inclusive of others.  Emotional: To play games honestly and abide by the rules.  Thinking: To decide when to run and when to pass. | | | | | •Do not block or protect your tags.  •Pass the ball if you have been tagged. | |
| To begin to use the ‘offside’ and ‘forward pass’ rule | Social: To communicate with my teammates when I want to receive the ball.  Emotional: To play games honestly and within the rules.  Thinking: To understand the rules of the game. | | | | | •Get into a position behind or to the side of the ball carrier to support them. | |
| To develop movement skills to dodge a defender | Social: To work with others to self-manage games.  Emotional: To play games honestly and abide by the rules.  Thinking: To identify when to pass and when to dodge. | | | | | •Push off your outside foot to change direction.  •Run to space where there are no defenders. | |
| To track an opponent and begin to defend as a team | Social: To work collaboratively in a team to defend.  Emotional: To answer questions independently.  Thinking: To understand when to track and when to tag. | | | | | •Use small steps to be able to change direction quickly and track the attacker. | |
| To apply the rules and skills you have learnt to play a tag rugby tournament | Social: To be respectful and congratulate others.  Emotional: To show determination and perseverance in the games I play.  Thinking: To reflect on my performance and areas to improve. | | | | | •In between matches discuss with your team how you can improve for your next match.  •Use the rules you have learnt to play fairly. | |